

Scoring of Portfolio Evidence for 'Grandparenting'

(revised June 28, 2013)

Notes

- An **online application form**, and additional materials/resources for applicants, is being created to facilitate applications for grandparenting.
- The application form will ask the applicant to provide contact information, confirm completion of the Professional Practice and Jurisprudence e-Learning Module, show evidence of currency (**750 currency hours – as they are broadly defined – in the previous 3 years, 500 of which must be in Canada**), disclose previous activities and outcomes, and provide proof of professional liability insurance. These requirements are set out in section 2 of the Registration Regulation.
- In addition, grandparenting applicants will be asked to provide a **portfolio of evidence related to their psychotherapy education and training, experience and supervision over their professional career and anywhere in the world**. The following table sets out the requirements for each of these categories (plus a supplemental category of 'Other Professional Activities') and identifies the scoring system that will be applied.
- Applicants **must achieve the minimum required points** in each of the four categories.
- Achieving only the minimum points in each category does not give the applicant the total minimum score of 65**; therefore, an applicant must have more than the minimum number of hours in some categories to achieve the total minimum score.
- Hours falling between the minimum required and the maximum countable will be scored using a linear algorithm; total score will be adjusted to the nearest whole number (details will be provided shortly).
- The minimum required hours = the minimum points scored (e.g. a minimum of 100 hours of psychotherapy-related education and training is required to earn the minimum 10 points).
- The maximum countable hours = the maximum points scored (e.g. an applicant who has 10,000 hours of direct client contact will score 25 points, the same as someone with 3200 hours, which is the maximum number of countable hours).
- The maximum number of hours achieved in **individual courses** or **other education & training** is 100, which meets the minimum required hours in category 1.

| Category | Min Rqd Hours | Min Rqd Points | Max Countable Hours | Max Points | Explanation |
|--|---------------|----------------|---------------------|------------|--|
| 1. Education & Training related to the Scope of Practice of Psychotherapy¹ a) Coherent education & training program , and/or b) Individual courses , and/or c) Other education & training . | 100 | 10 | 400 | 25 | <p>A coherent program is offered at a post-secondary level, requires application and admission, includes an evaluative component (students are tested), leads to a certificate, diploma, degree, etc.</p> <p>Example: certificate from a private training program in psychodynamic therapy or a degree in clinical counselling.</p> <p>Individual courses are offered at a post-secondary level, require application and admission, include an evaluative component (students are tested), but are not taken as part of an integrated and coherent program.</p> <p>Example: a one semester community college course on Recovery Strategies for Mental Health and Addiction.</p> <p>Other education & training requires enrollment and student participation, but may not include a requirement to qualify for admission or an evaluation at completion.</p> <p>Example: weekend workshop on crisis and trauma counselling.</p> |

¹ **Scope of Practice** as set out in the *Psychotherapy Act, 2007*: The practice of psychotherapy is the assessment and treatment of cognitive, emotional or behavioural disturbances by psychotherapeutic means, delivered through a therapeutic relationship based primarily on verbal or non-verbal communication.

| Category | Min Rqd Hours | Min Rqd Points | Max Countable Hours | Max Points | Explanation |
|--|---------------|----------------|---------------------|------------|---|
| 2. Clinical Experience (direct client contact) | 800 | 10 | 3200 | 25 | Direct client contact is defined as an activity in which the practitioner interacts directly with the client. |
| 3. Supervision | 40 | 10 | 160 | 25 | <p>Clinical supervision means a contractual relationship in which a clinical supervisor engages with a supervisee to: safeguard the welfare of the client, discuss the direction of therapy and the therapeutic relationship, promote the professional growth of the supervisee, and enhance the supervisee’s safe and effective use of self in the therapeutic relationship.</p> <p>For grandparenting only, other allowable supervision includes facilitated team meetings/ conferences to discuss client clinical issues. Peer ‘consultation’ does not qualify. An applicant must have a minimum of 40 hours of supervision over her or his professional career, 20 of which must be clinical supervision; the remaining can be other allowable forms of supervision. A maximum of 80 hours (or 50% of the maximum countable supervision hours) can be other allowable forms of supervision.</p> <p>Supervision can be individual, dyadic or group (maximum group size is 12); supervision does not need to be face-to-face. Registration Committee may consider an exception on group size for modalities that traditionally allow larger groups.</p> |
| a) Clinical supervision (including structured peer group supervision) | 20 | | 160 | | |
| b) Other allowable forms of supervision. | - | | 80 | | |
| 4. Safe and Effective Use of Self | 30 | 10 | 120 | 25 | <p>Psychotherapeutic traditions and practices related to the development of a psychotherapist’s safe and effective use of self in the therapeutic relationship are diverse. Some applicants will have developed this competency while engaging in their own personal psychotherapy. Others will have taken courses that address use of self; these may include, for example, personal family history and dynamics, anti-oppression and diversity, power dynamics, relational boundaries, experiential practice as client, or interpersonal relationship development. Others may have engaged in a guided and reflective Indigenous practice, such as the four directional way. For many practitioners, this competency is also addressed in a particular form of clinical supervision.</p> <p>The safe and effective use of self in the psychotherapeutic relationship speaks to one of the defining competencies of practising psychotherapy: the therapist’s learned capacity to understand her or his own subjective context and patterns of interaction as they inform her or his participation in the therapeutic relationship with the client. It also speaks to the therapist’s self-reflective use of her or his personality, insights, perceptions, and judgements in order to optimize interactions with clients in the therapeutic process.</p> |
| a) Training and education | | | | 15 | |
| b) Demonstration in practice. | | | | 10 | |
| 5. Other Professional Activities | 0 | 0 | 500 | 5 | Includes activities related to psychotherapy, for example, providing clinical supervision, consulting, teaching, lecturing, conducting research, developing curriculum or policy, managing a team or organization, or volunteer work on committees or boards. |
| Total Score | | 65 | | 105 | Achieving the minimum of 10 points in each of categories 1 – 4 (or 40 points) does not achieve the total minimum score of 65 points. Therefore, minimums in one or more category must be offset by proportionally greater numbers in other categories. |