



# Information Session for Education Programs

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# Agenda

1. Registration Requirements and Membership Categories for Applicants
2. Controlled Act of Psychotherapy and Supervision
3. Review and Recognition
4. *Private Career Colleges Act*

# Pillars of Sustainable Profession



# Registration Requirements for Applicants

- Master's level program central to psychotherapy
- Jurisprudence e-Learning Module
- Fluent in English or French
- “Current” in the profession
- Good character
- Professional liability insurance

# Application Process

## Recognized

- ✓ Select Recognized program from drop down menu
- ✓ Submit transcript

## Non-recognized

- ✓ Indicate education was completed
- ✓ Submit transcript or credential evaluation from WES
- ✓ Complete Mapping Tool
- ✓ Submit course outlines
- ✓ Pay additional review fee

# Information to Relay to Students

- Submit application in final semester
- Submit within two years of completing JRP module
- Transcript must be sent from institution directly to CRPO

# Resources and Templates

- [Supporting Documents Checklist](#)
- [DCC Confirmation Form](#) and [Clinical Supervision Attestation Form](#)
- [Entry-to-Practice Competency Profile](#)
- [Professional Practice Standards](#)
- [Code of Ethics](#)
- [Controlled Act Task Group Documents](#)
- [Public Register Update Form](#)
- [Exam Resource Manual](#)
- [Exam Self-Assessment Tool](#) and [Workbook](#)

# Category Transfers



## RP (Qualifying)

- Complete education
- Accumulate 450 DCC and 100 CS
- Practice with regular CS
- Pass Registration Exam



## **RP without independent practice**

- Accumulate 1000 DCC and 150 CS
- Practice with regular CS



## RP with independent practice

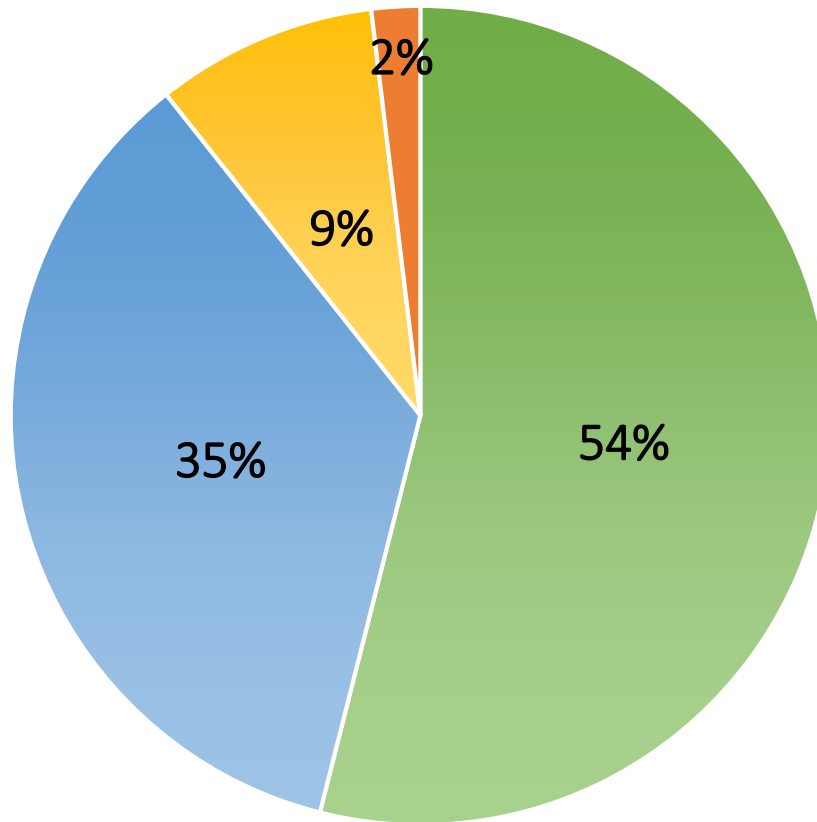
- Not required to practice with CS



# Entry-to-Practice Registration Examination

- Canadian Professional Standard for Counselling and Psychotherapy (CPSCP): Entry to Practice Competency Assessment
- [COMPASS Centre for Examination Development](#)
- Currently offered twice a year
- Max of 3 attempts at the exam (first attempt must be taken within first 2 years of submitting CRPO application)

# Snapshot of Exam Writers in 2018

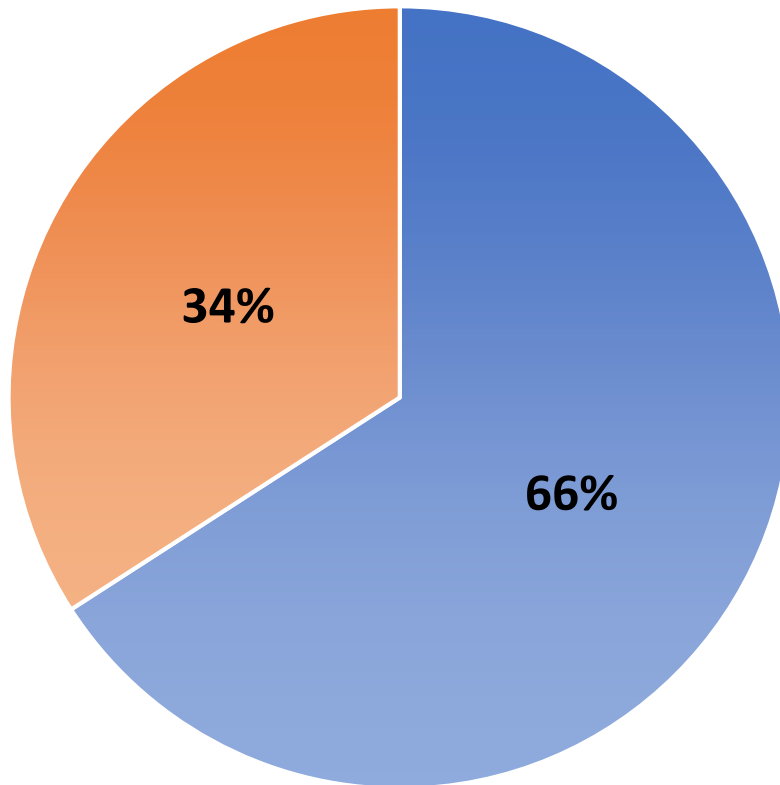


## Location of Education Program

- Ontario (253)
- Other CAD Province (166)
- USA (41)
- Other International (9)

Total Attempts in 2018 = 469

# Snapshot of Exam Writers in 2018



## Recognition Status of Program Completed

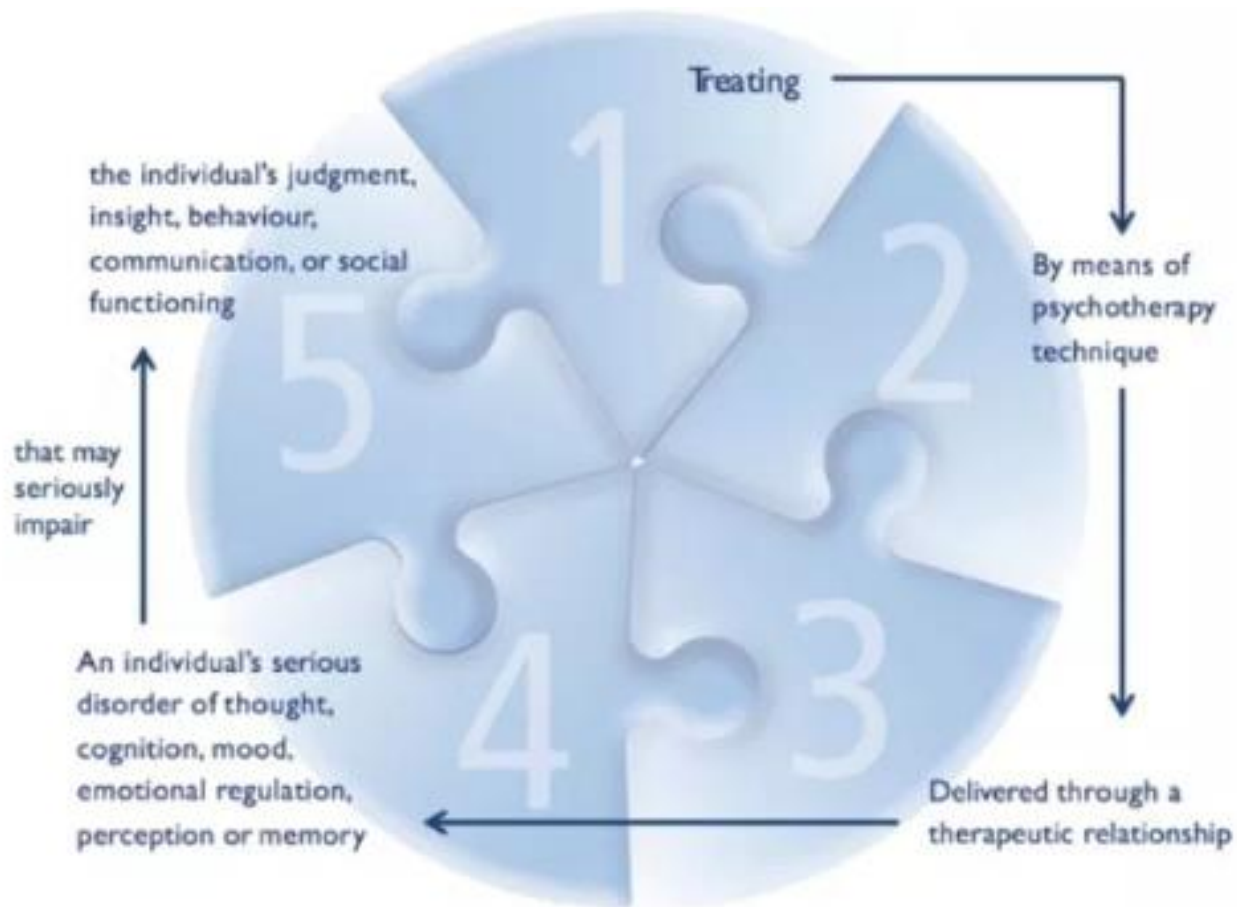
- Recognized (309)
- Non-recognized (160)

Total Attempts in 2018 = 469

# Scope of Practice of Psychotherapy

The practice of psychotherapy is the assessment and treatment of cognitive, emotional or behavioural disturbances by psychotherapeutic means, delivered through a therapeutic relationship, based primarily on verbal or non-verbal communication.

# Controlled Act of Psychotherapy



# Controlled Act of Psychotherapy

## Exceptions

**29 (1)** An act by a person is not a contravention of subsection 27 (1) if it is done in the course of,

(b) fulfilling the requirements to become a member of a health profession and the act is within the scope of practice of *the profession* and is done under the supervision or direction of a member of *the profession*;

# Who Can Supervise Who?



**Students and Graduates**



**RP (Qualifying)**



**RP without independent practice**



**RP with independent practice**



**Member involved in proceeding**

# Clinical Supervision





# Clinical Supervision

... a contractual relationship in which a clinical supervisor engages with a supervisee to:

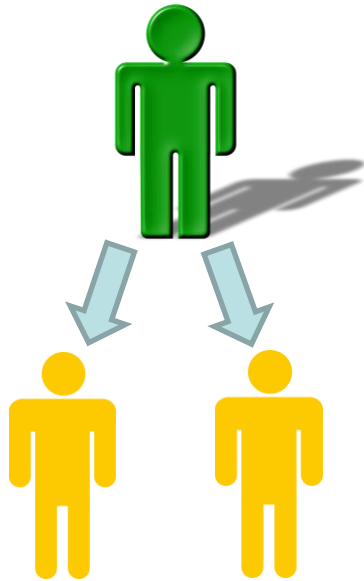
- discuss direction of therapy and therapeutic relationship
- promote professional growth of supervisee
- enhance supervisee's SEUS
- safeguard well-being of client

# Clinical Supervisor

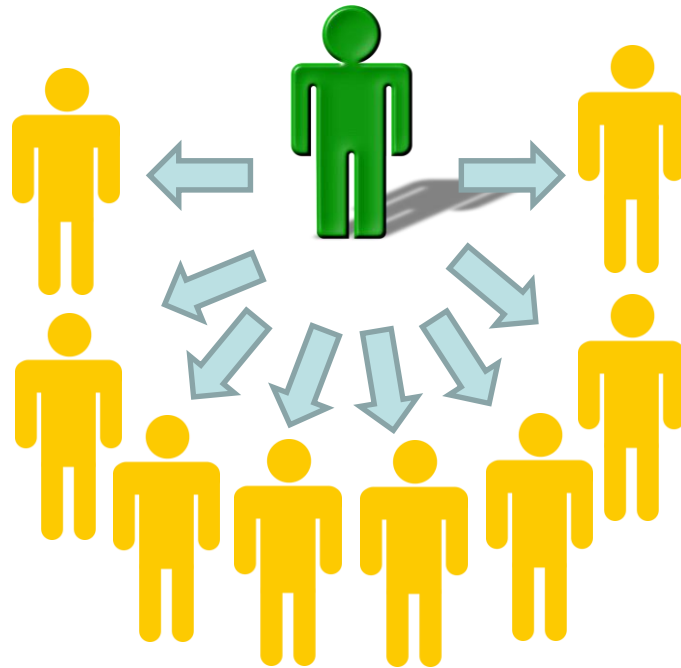
- member in good standing of a regulatory college whose members may practise psychotherapy
- 5 years' extensive clinical experience
- meet CRPO's "independent practice" requirement
- completed 30 hours of directed learning in providing clinical supervision
- sign declaration

# Types of Clinical Supervision

## Individual/Dyadic



## Group/Structured Peer Group



**Informal “peer supervision”**

**Team meetings**

**Case Conferences**

# Meeting Evaluation



# Review and Recognition



## Private career colleges

- Consumer (student) protection
- Regulates institutions
- Required registration
- Applies to whole school
- Determines whether school is viable from administrative/financial perspective
- Public protection
- Regulates individual practitioners
- Voluntary recognition
- Applies to specific program
- Determines whether program provides training in entry-to-practice competencies

# PCC Registration Process

If you are applying as a PCC:

- Submit CRPO [application](#)
- Submit PCC Document Checklist  
<https://www.crpo.ca/private-career-college-requirements/>
- If recognized, CRPO will write a confirmation letter for you to submit to the MTCU

*Please contact the MTCU directly for questions about submitting a PCC application.*



## Recognition Requirements

- Provide adequate training in the Entry-to-Practice Competencies
- Core components designed to develop competency in SEUS
- Graduate level training
- At least 360 hours of classroom training in psychotherapy
  - not including DCC / clinical supervision

# Review and Recognition Process

1. Complete application form and supporting documentation
2. Evaluation by third-party reviewers
3. Reviewers make recommendation to Registration Committee
4. Registration Committee recognizes program or refuses recognition

# Advertising Recognition Status

## Recognized?

- Our program is a recognized education and training program with the College of Registered Psychotherapists of Ontario (CRPO)
- CRPO's logo

## Not yet recognised?

- Program is designed to meet CRPO's requirements
- Program is in the review and recognition process

# Recognition Renewal Process



# Recognition Renewal Process

- How has the program changed since initial recognition?
- How has the program incorporated the suggestions made by the program reviewers?
- How is the program training students on current issues in the profession (as identified by CRPO programs such as Quality Assurance and ICRC)?

# Prior Learning Assessment and Recognition (PLAR)

**Graduates enter with appropriate previous education**

- Use PLAR to determine whether a prospective student has the equivalent of a bachelor's degree
- Only admit students with bachelor's degrees

# Questions/Comments?

# Meeting Evaluation

