

Type of policy: Regulatory	Approved by: Registration Committee
Date approved: January 31, 2019	Next Review date: May 6, 2025
Amendment dates: May 6, 2022	

Program Definition Policy

Purpose

This policy sets out the Registration Committee’s interpretation of the word “program” as used in Section 6(1)(1)(iv) of the Regulation.

This policy is intended to provide potential applicants through the non-recognized program route with a way to assess for themselves whether they have completed sufficient training in psychotherapy prior to submitting an application for registration.

This policy is also intended to aid staff and panels of the Registration Committee in deciding whether applicants through the non-recognized program route have met the education requirements for registration.

Relevant Legislation

O. Reg. 67/15: REGISTRATION

6. (1) Subject to section 7 and subsection 13 (2), the following are non-exemptible registration requirements for a Registered Psychotherapist certificate of registration:

1. The applicant must...

- iv. have such other education and training, which must include one or more programs in psychotherapy, together with any further education or training, or combination of education and training, that when taken together evidences, in the opinion of the Registration Committee, successful completion of a program that is substantially equivalent to a program referred to in subparagraph i or ii.

Scope

This policy applies to all applicants through the non-recognized program application route.

Policy

To meet the education requirements for registration, applicants must have successfully completed at least one program with the following characteristics:

- Structured;
- Organized;
- Housed in or offered by an institution that purports to train psychotherapists;
- Following a specified curriculum aimed at developing core skills and entry-to-practice competencies;
- Containing evaluative components;
- Conferring a certificate, diploma, or degree upon successful completion;
- Minimum six months in duration;

- Minimum 360 classroom/didactic hours (not including independent study, direct client contact, clinical supervision, or other hours of clinical experience completed as part of a clinical or field placement or practicum)¹;
- Taught at the graduate level; and
- Requiring completion of a bachelor's degree or equivalent for admission.

Note: applicants may submit an application to CRPO for registration in the Qualifying category when they are in the final semester of their program, have completed 90% of the program, or have completed the program with the exception of a thesis. Qualifying members are required to submit a transcript confirming that their degree has been conferred prior to writing the Registration Examination.

¹ If the applicant completed multiple programs, the majority of the 360 hours must have occurred in a single program.