

**DISCIPLINE COMMITTEE OF THE  
COLLEGE OF REGISTERED PSYCHOTHERAPISTS AND REGISTERED  
MENTAL HEALTH THERAPISTS OF ONTARIO**

BETWEEN:

COLLEGE OF REGISTERED PSYCHOTHERAPISTS AND  
REGISTERED MENTAL HEALTH THERAPISTS OF ONTARIO

- and -

JUSTIN LA ROSE

**NOTICE OF HEARING**

The Inquiries, Complaints and Reports Committee of the College of Registered Psychotherapists and Registered Mental Health Therapists of Ontario (the "College") has referred specified allegations against Justin La Rose to the Discipline Committee of the College. The allegations were referred in accordance with section 26 of the *Health Professions Procedural Code*. The statement of allegations is attached to this notice of hearing. A discipline panel will hold a hearing under the authority of sections 38 to 56 of the *Health Professions Procedural Code*, as amended, for the purposes of deciding whether the allegations are true. A **pre-hearing conference** may be held at a date and location to be set by the Registrar. A discipline panel will convene at **a location to be set by the Registrar, at 10:00 a.m. on a date to be set by the Registrar**, or as soon thereafter as the panel can be convened, for the purposes of conducting the **discipline hearing**.

**IF YOU DO NOT ATTEND ON THE DATE FOR THE HEARING IN  
ACCORDANCE WITH THE PRECEDING PARAGRAPH, THE DISCIPLINE PANEL  
MAY PROCEED IN YOUR ABSENCE AND YOU WILL NOT BE ENTITLED TO ANY  
FURTHER NOTICE IN THE PROCEEDINGS.**

If the discipline panel finds that you have engaged in professional misconduct, it may make one or more of the following orders:

1. Direct the Registrar to revoke the member's certificate of registration.
2. Direct the Registrar to suspend the member's certificate of registration for a specified period of time.
3. Direct the Registrar to impose specified terms, conditions and limitations on the member's certificate of registration for a specified or indefinite period of time.
4. Require the member to appear before the panel to be reprimanded.
5. Require the member to pay a fine of not more than \$35,000 to the Minister of Finance.
6. If the act of professional misconduct was the sexual abuse of a patient, require the member to reimburse the College for funding provided for that patient under the program required under section 85.7.
7. If the panel makes an order under paragraph 6, require the member to post security acceptable to the College to guarantee the payment of any amounts the member may be required to reimburse under the order under paragraph 6.

The discipline panel may, in an appropriate case, make an order requiring you to pay all or part of the College's costs and expenses pursuant to section 53.1 of the *Health Professions Procedural Code*.

You are entitled to disclosure of the evidence against you in accordance with section 42(1) of the *Health Professions Procedural Code*, as amended.

You, or your representative, may contact the solicitor for the College, Rebecca Durcan, in this matter:

Steinecke Maciura LeBlanc  
Barristers & Solicitors  
401 Bay Street

Suite 2306, P.O. Box 23  
Toronto, ON M5H 2Y4

Telephone: (416) 644-4783  
Facsimile: (416) 593-7867

You must also make disclosure in accordance with section 42.1 of the *Health Professions Procedural Code*, which states as follows:

Evidence of an expert led by a person other than the College is not admissible unless the person gives the College, at least ten days before the hearing, the identity of the expert and a copy of the expert's written report or, if there is no written report, a written summary of the evidence.

Further, you must also make disclosure in accordance with s. 7.01(2) of the *Rules of the Discipline Committee of the College of Registered Psychotherapists and Registered Mental Health Therapists of Ontario*, which state as follows:

7.01(2) The parties shall make disclosure as is required by law. In addition, the parties shall, at least 10 days in advance of the hearing,

- (a) in the case of written or documentary evidence, provide an opportunity for the opposing party to examine the evidence;
- (b) in the case of evidence of an expert, provide the opposing party of the identity of the expert and a copy of the expert's written report or, if there is no written report, a written summary of the evidence; and
- (c) in the case of a witness, provide the opposing party with the identity of the witness.

Date: October 1, 2019



Deborah Adams  
Registrar  
College of Registered Psychotherapists  
and Registered Mental Health Therapists  
of Ontario

TO: **JUSTIN LA ROSE**



## STATEMENT OF ALLEGATIONS

### A. Background Information

#### *The Registrant*

1. Justin La Rose (the "Registrant") has been a registrant of the College of Registered Psychotherapists and Registered Mental Health Therapists of Ontario (the "College") in the Qualifying class of membership since approximately April 10, 2018.

#### *Practice at the Clinic*

2. It is alleged that in 2018 and January 2019, the Registrant practised the profession at a clinic ("the Clinic") supervised and/or directed by Dr. A, a psychologist.
3. It is alleged Dr. A was the supervising psychologist of clients the Registrant treated at the Clinic and that Dr. A had responsibility for the care of clients and custody of their records.

### B. Inadequate Record-keeping & Documentation

#### *April-August 2018 Treatment Notes for Various Clients*

4. It is alleged that between approximately April and August 2018, the Registrant treated approximately fifteen (15) clients at the Clinic.
5. It is alleged the Registrant did not complete and file in each of the above client's record, approximately 32 treatment notes, until no earlier than August 2018.

#### *October 2018-January 2019 Treatment Notes for Client X*

6. It is alleged the Registrant treated Client X between approximately October 2018 and January 2019.
7. It is alleged the Registrant did not complete and deliver to Dr. A treatment notes for approximately nine (9) sessions with Client X, until approximately April 2019.
8. It is alleged that as of April 2019, the Registrant had not sent Dr. A his handwritten notes for Client X relating to the sessions described in paragraph 7.

#### *September-December 2018 Treatment Notes for Client Y*

9. It is alleged the Registrant treated Client Y between approximately September and December 2018.
10. It is alleged the Registrant did not complete and deliver to Dr. A treatment notes for approximately seven (7) sessions with Client Y, until approximately April 2019.

11. It is alleged that as of April 2019, the Registrant had not sent Dr. A his handwritten notes for Client Y relating to the sessions described in paragraph 10.

*August-December 2018 Treatment Notes for Client Z*

12. It is alleged the Registrant treated Client Z between approximately August and December 2018.
13. It is alleged the Registrant did not complete and deliver to Dr. A treatment notes for approximately six (6) sessions with Client Z, until approximately April 2019.
14. It is alleged that as of April 2019, the Registrant had not sent to Dr. A his handwritten notes for Client Z relating to the sessions described in paragraph 13.

*Professional Misconduct*

15. It is alleged that the above conduct constitutes professional misconduct pursuant to section 51(1)(c) of the Health Professions Procedural Code (the "Code") as set out in one or more of the following paragraphs of section 1 of Ontario Regulation 317/12 made under the *Psychotherapy Act, 2007*:
  - a. **Paragraph 1** – Contravening, by act or omission, a standard of practice of the profession or failing to maintain the standard of practice of the profession, namely,
    - i. 1.5 – General Conduct; and/or
    - ii. 5.1 – Record-keeping – Clinical Records;
  - b. **Paragraph 25** – Failing to keep written records in accordance with the standards of the profession; and/or
  - c. **Paragraph 52** – Engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would reasonably be regarded by members as disgraceful, dishonourable or unprofessional.

C. Failure to Communicate and Attend Client Session

16. It is alleged that in 2018 and/or in January 2019 the Registrant:
  - a. Failed, without adequate prior notice, to attend the Clinic in person when scheduled to provide treatment to clients, and/or
  - b. Failed to respond to emails, telephone communications and/or voicemails from Clinic personnel.
17. It is alleged that the Registrant was scheduled to see Client Z for an in-person session on or about January 10, 2019.

18. It is alleged that on or about January 10, 2018, the Registrant notified Client Z's mother, via text message, that the Registrant would not attend the Client Z session in person.
19. It is alleged that on or about January 10, 2018, the Registrant offered to hold the Client Z session over the telephone instead.
20. It is alleged that Client Z and his mother advised the Registrant that they preferred to see the Registrant in person and the session was cancelled.

*Professional Misconduct*

21. It is alleged that the above conduct constitutes professional misconduct pursuant to section 51(1)(c) of the Code as set out in one or more of the following paragraphs of section 1 of Ontario Regulation 317/12 made under the *Psychotherapy Act, 2007*:
  - a. **Paragraph 1** – Contravening, by act or omission, a standard of practice of the profession or failing to maintain the standard of practice of the profession, namely,
    - i. 1.5 – General Conduct; and/or
  - b. **Paragraph 52** – Engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would reasonably be regarded by members as disgraceful, dishonourable or unprofessional.

D. Failure to Attend Clinical Supervision

22. It is alleged that in 2018 and/or January 2019 the Registrant failed to attend clinical supervision meetings with Dr. A without adequate prior notice.
23. It is alleged that in failing to meet with Dr. A for clinical supervision meetings, the Registrant was practising psychotherapy without clinical supervision.

*Professional Misconduct*

24. It is alleged that the above conduct constitutes professional misconduct pursuant to section 51(1)(c) of the Code as set out in one or more of the following paragraphs of section 1 of Ontario Regulation 317/12 made under the *Psychotherapy Act, 2007*:
  - a. **Paragraph 1** – Contravening, by act or omission, a standard of practice of the profession or failing to maintain the standard of practice of the profession, namely,
    - i. 1.5 – General Conduct; and/or
    - ii. 4.2 – Practising with Clinical Supervision;
  - b. **Paragraph 44** – Contravening, by act or omission, a term, condition or limitation on the member's certificate of registration, specifically:

- i. Subsection 11(a) of O.Reg. 67/15: Registration - It is an additional term, condition and limitation of every Qualifying certificate of registration that the member must at all times, (a) practise psychotherapy with clinical supervision; and/or
  
- c. **Paragraph 52** – Engaging in conduct or performing an act relevant to the practice of the profession that, having regard to all the circumstances, would reasonably be regarded by members as disgraceful, dishonourable or unprofessional.

## APPENDIX

1. The documents to be tendered in evidence at the hearing have been sent with this Notice of Hearing.
2. The *Rules of Procedure of the Discipline Committee* have been sent with this Notice of Hearing.
3. Take notice that the documents that have been and may later be disclosed to you will be tendered as business documents pursuant to the *Evidence Act of Ontario*.
4. All documents that are disclosed to you in this matter are disclosed on the basis that they are to be used solely for the purpose of this proceeding and for no other purpose.

DISCIPLINE COMMITTEE OF  
THE COLLEGE OF REGISTERED  
PSYCHOTHERAPISTS AND REGISTERED  
MENTAL HEALTH  
THERAPISTS OF ONTARIO

**NOTICE OF HEARING**

**STEINECKE MACIURA LEBLANC**

Barristers & Solicitors  
401 Bay Street, P.O. Box 23  
Suite 2308  
Toronto, ON M5H 2Y4

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